

Practice for Removing Obstacles with the Dharma Protector Marichi

Take refuge and cultivate the four immeasurables:

I go for refuge until I am enlightened
To the Buddha, the Dharma and the Supreme Assembly,
By the virtuous merit created by practicing the Dharma,
May I attain the state of Buddhahood for the benefit of all beings.
(3x)

May all sentient beings have happiness and its causes,
May all sentient beings be free from suffering and its causes,
May all sentient beings never be separated from bliss that is free
from suffering,
May all sentient beings abide in equanimity, free of bias, attachment
and aversion.

Then recite the following verses:

OM

I pay homage to you, invincible and fearless Marichi, I prostrate to you, the Mara of the Maras, the unsurpassable subduer and destroyer of Mara and all his deeds, who moves and runs ahead of the sun and the moon with lightning speed, destroys and defeats all Mara's deeds and intentions, and holds up a conqueror's banner, declaring victory for all time. I pay homage and pray to you to invoke your mighty power. May Mara be subdued and his deeds destroyed, may his mighty army be vanquished, disintegrated, banished, confounded, and defeated. I prostrate and pray to you to bestow upon me the siddhis of victory against obstacles from all directions.

Recite these verses at least three times.

OM MA RI DZI YE MA MU SVAHA

Recite this mantra as much as possible. Then continue:

OM

Majestic Marichi, the Buddha mother, from whose divine body millions of blazing bronze-coloured lights shine forth, please direct your divine gaze towards Mara's mighty army. Trembling in desperate despair and fear, they are begging and praying for protection and relief.

Repeat this verse at least three times.

Glorious Marichi, the Buddha mother whose body is adorned with all the major and minor divine marks, who is accompanied by magnificent retinues, whose lifespan is inconceivably long, may I become just like you.

Glorious Marichi, whose wisdom and holy deeds are unfathomable, whose name mesmerizes beings whenever it is heard, may I be just like you.

I pay homage and pray to you, majestic Buddha mother Marichi. By your divine power, in all directions and wherever we are, may sickness, obstacles, poverty and conflicts be dispelled. May everything fortunate and auspicious increase forever and ever.

Conclude the session by reciting verses of auspiciousness.