

Yeshe



Lama Yeshe Tontok was born in 1978 in Kyang Nak village in the Zamthang region of eastern Tibet. He is the nephew of a famous tantric yogi Kyang Nak Kuntsul and was educated at an early age and studied at Zamthang monastery for about 7 years where he completed a 3 year Kalachakra retreat.

In 1997, Yeshe escaped to India. His Holiness the Dalai Lama offered a monastery to the refugee Jonang lineage monks where Yeshe studied for 3 years. After his studies, Yeshe went back to Tibet but was captured by the Chinese and imprisoned for 1 year.

Yeshe became seriously ill in prison so was released for fear of his life. He lived in and out of hospital for the next 7 months and almost completely recovered.

Since then, Yeshe has dedicated his life to helping to preserve and support the Jonang tradition in Tibet by helping to establish several organisations. Yeshe has assisted in writing, typing and editing texts on the Jonang teachings in Tibet.

Yeshe feels it is his duty to assist Khentru Rinpoche in Australia as Rinpoche has no Tibetan monks to help him with his projects and teachings.

We require sponsorship of \$2,000 for each monk to cover air fare and visa requirements initially. We would also like help with ongoing sponsorship of the monks to cover their living expenses and are looking for support of \$40 per month. The Tibetan Buddhist Rime Institute will cover the remaining expenses.



I wish to support Yeshe Tontok for ;

the initial cost of \$2,000 or \$40 per month

Name _____

Telephone _____

Email _____

Address _____

Please make cheques payable to "The Tibetan Buddhist Rime Institute".
If you would like to arrange a direct debit please call us on (03) 9755 7337
or email rimeinstitute@yahoo.com.au for banking details.

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